

# Ipplepen Primary School

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## Upcoming School Events next month

### **Monday 2nd March**

PTA Film Night

### **Thursday 5th March**

World Book Day

### **Monday 16th March and Thursday 19th March**

Parents Evening

### **Friday 20th march**

PTA Mother's Day Sale

### **Monday 23rd March** - Pop up sport before school

### **Thursday 26th March**

Easter Service 9.30 am at St Andrews Church

### **Friday 27th March**

**Last day of Spring Term**

Dear Parents and Carers

Welcome back, we hope you had a great, restful half term. Its been lovely to see the sun this week and we hope that it continues so that we can go out and enjoy our outdoor environment.

On Saturday, representatives from our school will be singing at Exeter Cathedral as part of the Outreach Music programme.

## In the Community

**Recycling** - The Hub is setting up a recycling point which will enable villagers to deposit certain non-kerbside collected items which will then be recycled through Terracycle - our eco councilors are going to be involved with this project and further information will follow.

**Twinning** - As part of the twinning programme, some children and their families will be visiting our school to see the similarities and differences. We very much look forward to welcoming them and we will provide further information about this nearer the time.

### **Rights Respecting Article**

Each month we consider a different article this month we are focusing on Article 12 respect for the views of the child. Regularly, within each class, children always have an opportunity to express their own views and opinions.

## **World Book Day**

On Thursday 5<sup>th</sup> March, it is World Book Day and we will all be involved in many different reading activities. Additional information has already been sent out.

Reading is very important and as part of this we would like to invite parents or grandparents to come in to school and share their favourite story or book.

This is not just for World book day but to foster a love of reading. If any parent or grandparent could spare an hour or two each week to hear individual children read, we would really appreciate this.

On this day we would also like to run a book swap. If your child would like to be involved with this please can they bring in a book which they will swap for another during the day.

## **Mental Health and Well-Being**

In our busy world, life can sometimes feel a little overwhelming. We are all human and can experience these feelings. We are encouraging everyone to take small moments in their day to practise feeling calm, through controlled breathing. Controlled breathing can promote feelings of calm and relaxation and can be used whether you are at your desk, sitting at home, on the bus or just about anywhere! Attached is the 4-7-8 technique which we have introduced to our children. You might like to encourage your child to try it at home if they are feeling stressed or anxious

## **Reading Well for Children**

Reading Well for Children is a new booklist of expert endorsed reading to support childrens mental health and wellbeing. The list is targeted at children in Key Stage 2 but includes titles aimed at a wide range of reading levels to support less confident readers and to encourage children to read together with their silblings and carers. The scheme is supported by public libraries and we encourage you to visit your local library to see the range of books they have.

## **Parents Evening**

Parents evening will be in the week beginning 16<sup>th</sup> March. This will be an opportunity to discuss with the class teacher your child's progress and you will also be able to have a look at your child's work. Slips will be coming home soon.

## **Achieve4all after school clubs.**

Please find details of Achieve4all after school clubs and details of how to book them.

Tuesday – Tag Rugby – Year 3-6 – starts Tuesday 25th Feb – 3.20-4.20 - 5 sessions - £16.25

Wednesday – Multi-Skills – F, Yr1-6 – starts Wednesday 26th Feb – 3.20-4.20 - 5 sessions – £16.25

Thursday – Dodgeball – F, Yr1-6 – starts Thursday 27th Feb – 3.20-4.20 - 5 sessions – £16.25

They can be booked by going to the following link:

<https://achieve4all.co.uk/sports-after-school-club/>



| UPCOMING PTA EVENTS       |  | MARCH |
|---------------------------|--|-------|
| Date                      |  |       |
| Monday 2 <sup>nd</sup>    | Film night. Secret Life of Pets, Horrid Henry and Sherlock Gnomes. £2 per child to include film, popcorn and drink. If your child is not collected at the end of the day on Monday and they have £2, we will assume they are taking part in the movie night. |       |
| Friday 20 <sup>th</sup>   | <u>Mothers Day</u> Sale. Please can you donate any unwanted (and unused) toiletries, chocolates or gift packs you think would be suitable for a <u>Mothers Day</u> gift.   |       |
| Thursday 26 <sup>th</sup> | Year F Cake Sale in the playground, after school.  |       |
| Friday 27 <sup>th</sup>   | Easter Bonnet Parade and Easter Egg Hunt.  |       |



## Upcoming Class Events next month

### Chestnut

**Tuesday 3<sup>rd</sup> March** – Bear Trail

**Tuesday 10<sup>th</sup> March** – joint Sports Relief activities with Saplings

**Tuesday 10<sup>th</sup> March** – Spanish at The Grange

### Oak

**Monday 2 March** – visit to the Explorer Dome

**Friday 27<sup>th</sup>** – Class Assembly

### Rowan

**Wednesday 11<sup>th</sup> March** – Visit to Buckfast Abbey

### Cherry

**Tuesday 10<sup>th</sup> March** – Visit to Buckfast Abbey.

### Willow

**Tuesday 10<sup>th</sup> March** – Visit to Buckfast Abbey.

**Friday 13<sup>th</sup> March** – Class Assembly

**Wednesday 18<sup>th</sup> March** – Grandparents lunch

### Acacia

**Friday 6<sup>th</sup> March** - Class assembly

### Sycamore

**Wednesday 4<sup>th</sup> March** – serving at the community lunch

**Friday 21<sup>st</sup> March** – Class assembly

**Monday 23<sup>rd</sup> March** – Easter Experience at St Andrews Church

**Tuesday 24<sup>th</sup> March** – Time in a Bottle workshop