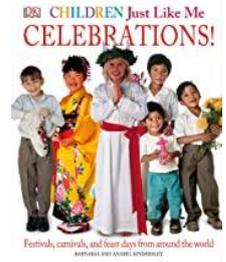




Week Beginning 8th November 2021

We will start off this week with the children recalling their experiences of bonfire night and their interpretations of it through artwork.

We will be celebrating Diwali the festival of lights. It is one of the major festivals celebrated by Hindus. The children have the opportunity to create their own Diva's and we will be looking at Mehndi patterns that are drawn on hands with henna. Also experiencing Indian music, dancing and smells of different spices used in Indian cooking. We shall take a look at some cbbc clips to learn about this festival.



We will acknowledge Remembrance Day by creating poppies and will take part in a two minute silence on Thursday morning to remember brave soldiers.

The reformed EYFS has a stronger focus on children's health and hygiene. Guidance supports the reduction of sugar in their diets.

Around 10.30 every day the children sit for a drink and snack. We have reflected on what we provide and offer just milk or water to drink along with a healthy snack; cheese and crackers/breadsticks, toast with honey or reduced sugar jam, toasted fruit bread and last week cheese on toast was popular.

We are requesting that in children's lunch boxes there are no chocolates or packets of sweets and that you are mindful of reducing their sugar intake. Also, a large amount in their boxes can be off putting, they are not able to eat it all. Smaller amounts of varied food works well.

They sit again at about 2.40 for a drink and some fruit before they leave us. However, we still want to celebrate birthdays etc. and highlight that for special occasions, we do all have treats.

We intend to introduce teeth cleaning; All the staff have completed the NHS oral hygiene training and are awaiting the resources. If you have any concerns or objections please speak with us.

A recommended early years document that has recently been updated is, What to Expect in the Early Years Foundation Stage, it can be found at:

<https://foundationyears.org.uk/wp-content/uploads/2021/09/What-to-expect-in-the-EYFS-complete-FINAL-16.09-compressed.pdf>